

Buried Treasures

"Discovering Your Parenting Gems"



Dates: Weekly Sessions from Thursday 30th July
Times: 9:30 am – 12.00 pm

Location: The Port Lincoln Family Centre
Unity Hill
63 New West Rd

Childcare and equipment provided
through a generous donation from
The Zonta Club Port Lincoln

Funding for local artist support kindly supplied by Country
Arts SA

Enquiries & Register: Call Gerri
Ph: 86830100

- Explore your parenting experiences and strengths with creativity, colour, stickers, photos, poetry, craft, stories and journaling.
- Re-discover your skills and create positive changes in your life.
- Come along and join other women in a safe group for fun, laughter, self-reflection, sharing ideas and morning tea.

You supply the ideas; we provide everything else
Including Childcare



"This group has given me more confidence, more energy and happiness to be a good mother."

"It has helped me have more hope & strength for the future."

"I feel stronger as a person & have more self-value."

"This course has opened doorways in my mind."

Presented by;
Port Lincoln Health Services and
Uniting Care Wesley Port Pirie with
support from the Eyre Peninsula
Division of General Practice

